

Patty's Dance Center - Acrobatic Arts skills classes

Sign-up monthly - Take classes one month at a time!

\$45/month for a 45 min. weekly class **OR** \$54/month for a 60 min. weekly class
(Get discounts! These classes count towards our discounted rates for all active PDC students!!!)

Take one or two classes each week based on your personal level and preference.

What is it?

- Each class will include cardio, strength training, and stretching. Instructors may choose to focus on any of the Acrobatic Arts disciplines each week as part of the lesson plan – Tumbling, flexibility/contortion, limbering, and balancing.
- Students are divided into levels based on skill level and technique, following an assessment. Students progress through the levels as they master new skills.

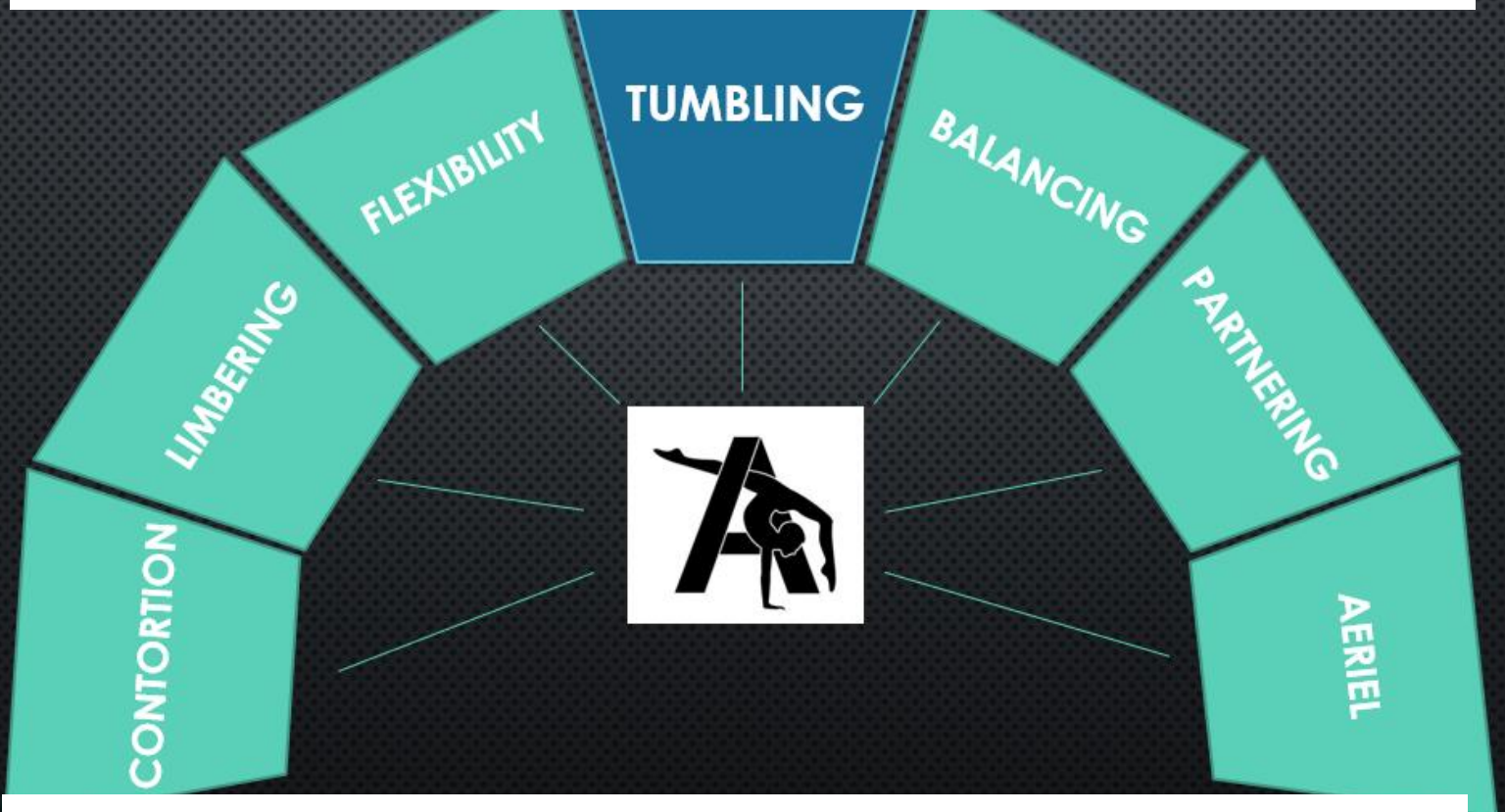
What to expect and what to wear?

- All training and skills practice** – no choreography, no recital, no routine, no costume purchase required.
- Leotard and tights required for all female students. Boys should wear black or white shorts and shirt.
- Students should expect to be in class with a variety of ages. Acrobatic Arts levels are based on skill and ability, not by age.

When are the classes?

- Level 1 & 2 (ages 6-8) Saturday, 11:45am-12:30pm
- Level 1 & 2 (ages 9+) Wednesday, 5:15-6:00pm
- Level 2 (adv) & 3 Saturday, 9:45-10:45am
- Level 4 & 5 Wednesday, 4:30-5:15pm and Saturday, 10:45-11:45am
- Level 6 Tuesday, 7:30-8:15pm and Saturday 8:00-9:00am
- Level 8 Saturday 9-9:45am
- Additional advanced classes available to Level 8 and above are scheduled through our office

Get started by creating an account through our parent portal
www.pattysdancecenter.com



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